



BLACK WELL-BEING: A GUIDE FOR COMMUNITY CONVERSATIONS

The **Black Well-being: Moving Toward Solutions Together** report is intended to be a living document. It lives with you and the conversations you have with friends, colleagues, family members, and people in your various community spaces.

Sharing what we know with one another is a first step. Some of us work in the systems discussed in the report. Some of us are dreamers, with vivid imaginations of the new systems we need in place. Some of us are incredibly detailed planners and are helping move us from where we are now to where we need to go. Some of us are implementers who are beginning to act on the vision as set forth and information at hand.

We encourage you to talk with others in and across topic areas because this work is so intersectional. Let's have new and interesting conversations about what's possible and how to get there.

As you talk through this discussion guide, we hope you're able to identify the approaches in the report that feel actionable and the resources needed to move those approaches forward. These are not the only questions to ask. They are only a starting point to build on existing conversations in Black spaces across Washington state.

If you feel so inclined, please offer a short summary of your responses to these questions using this link. We want your conversations to further inform the work of the Black Future Co-op Fund.

What from the report are you most surprised about or challenged by and why?

What factors are making the approaches successful?

Which community identified approaches is your organization or group working to advance?

What questions came up for you that the data didn't answer?

What other resources are needed to accelerate your efforts (data, funding, specific skill sets, etc.)?

